### IMPORTANT PHONE NUMBERS

BIKE BASH WV HOTLINE:
(301) 501-1516 (CALL OR TEXT)

BIG BEAR LAKE SECURITY: (304) 379-8641

IN CASE OF EMERGENCY CALL: 911

### **CLOSEST HOSPITAL:**

RUBY MEMORIAL HOSPITAL 1 MEDICAL CENTER DR. MORGANTOWN, WV 26506

### BIG BEAR LAKE COUNTRY STORE

ONE MILE DOWN THE HILL FROM THE VENUE AREA. YOU'LL FIND CRAFT BEER, ICE, ICE CREAM, SNACKS, OTHER CONVENIENCE ITEMS, AND MISCELLANEOUS CAMPING SUPPLIES.

STORE HOURS: THURSDAY 8 A.M. UNTIL 8 P.M., FRIDAY & SATURDAY 8 A.M. UNTIL 10 P.M., SUNDAY 8 A.M. UNTIL 8 P.M.

### OTHER INFO

- √ SKILLS CLINICS WILL LAST APPROXIMATELY 1 HOUR
- √ GROUP RIDES WILL LAST
  APPROXIMATELY 2 HOURS NO
  DROP, WITH BAIL OUT POINTS
- √ YOGA SESSIONS WILL LAST 30 MINUTES TO AN HOUR - BRING YOUR OWN MAT

### BIKE BASH WV RULES

- √ EVERYONE IS WELCOME
- √ DON'T DRINK AND RIDE
- √ ALCOHOL WILL NOT BE SERVED –
  BYOB IS PERMITTED
- √ NO FIREWORKS OR LARGE PERSONAL BONFIRES
- √ SMALL PERSONAL FIRES ARE PERMITTED IF USING A METAL BOTTOMED FIRE BOWL
- √ NO GLASS BOTTLES OR CONTAINERS
- √ OBEY ALL POSTED SPEED LIMITS
  IN THE CAMPLANDS
- √ DRONES MUST BE LICENSED AND HAVE A PERMIT
- √ ALWAYS RIDE IN CONTROL
- √ PLEASE KEEP A CLEAN CAMP AND DON'T LITTER
- √ DO NOT THROW TRASH INTO THE TOILETS
- √ RESPECT THIS PRIVATE PROPERTY

## EXPO HOURS & SHUTTLE HOURS FRIDAY - NOON UNTIL 6:00 P.M.

SATURDAY - 10:00 A.M. UNTIL 6:00 P.M.

SUNDAY - 10:00 A.M. UNTIL 3:00 P.M.

### QUIET HOURS

11:00 P.M. UNTIL 7:00 A.M.

PLEASE BE CONSCIOUS OF YOUR NEIGHBORS AND OUR YOUNGER BIKE BASH WV ATTENDEES!



# SCHEDULE OF EVENTS

**JULY 18 - 20, 2025** 

BIG BEAR LAKE TRAIL CENTER
450 BIG BEAR LAKE RD.
BRUCETON MILLS, WV

### FRIDAY - JULY 18. 2025

11:30 AM - SKILLS CLINIC: KIDS INTRO TO JUMPING (AGE 16-) -BEG TO INTER- W/ENDLESSBIKEGIRL

NOON - EXPO OPENS, SHUTTLE SERVICE STARTS

1:00 PM - SKILLS CLINIC: WOMEN'S DESCENDING & BRAKING (AGE 17+) - ALL SKILL LEVELS-W/ENDLESSBIKEGIRL

1:00 PM - GROUP RIDE: GET ACQUAINTED WITH THE TRAIL NETWORK -ALL SKILL LEVELS- W/BIG BEAR LAKE TRAIL CENTER

2:30 PM - SKILLS CLINIC: FOUNDATION OF STABILITY AND CONTROL FOR TECHNICAL RIDING (AGE 17+) -BEG TO INTER- W/ HARRY GEYER

2:30 PM - GROUP RIDE: KIDS RIDE - BEG TO INTER- W/ FLAT TIRE CO.

3:00 PM - EDUCATION: TRAIL ASSESSMENT & MAINTENANCE WORKSHOP W/ WVU SMITH OEDC, MEET AT BOOTH

<u>4:00 PM</u> - SKILLS CLINIC: BODY POSITION FOR TECHNICAL CLIMBING (AGE 17+) -ALL SKILL LEVELS-W/ENDLESSBIKEGIRL

4:00 PM - SKILLS CLINIC: KIDS WHEEL LIFTS FOR OBSTACLE RIDING (AGE 16-) -INTER TO ADV- W/HARRY GEYER (ON TRAIL SESSION)

4:00 PM - GROUP RIDE: CASUAL TECH RIDE -INTER- W/ BIG BEAR LAKE TRAIL CENTER RIDE SOME TECH TRAIL, STOP AND SESSION

4:00 PM - FUN: YOGA W/ TARA MORRIS, MEET AT STAGE

<u>6:00 PM</u> - EXPO CLOSES, SHUTTLE SERVICE ENDS

7:30 PM - MUSIC: MEGAN JEAN'S SECRET FAMILY

### SATURDAY - JULY 19, 2025

8:30 AM - FUN: RIDE TO THE PINES YOGA & MEDITATION W/ TARA MORRIS MEET AT STAGE, RIDE TO THE PINES

10:00 AM - EXPO OPENS, SHUTTLE SERVICE STARTS

10:00 AM - GROUP RIDE: RACE LOOP AND REMINISCING RIDE -INTER TO ADV- W/ PATHFINDER OF WV

10:00 AM - GROUP RIDE: ALL MOUNTAIN ENDURO RIDE -ADV- W/MAMBA

10:00 AM - SKILLS CLINIC: DROPS & STEEP ROLL DOWNS (AGE 17+) -BEG TO INTER- W/ HARRY GEYER

11:30 AM - SKILLS CLINIC: KIDS FUNDAMENTALS, DROPS & STEEP ROLL DOWNS (AGE 16-) -BEG- W/ HARRY GEYER

NOON - EDUCATION: TRAIL ASSESSMENT & MAINTENANCE WORKSHOP W/ WVU SMITH OEDC, MEET AT BOOTH

NOON - GROUP RIDE: CRACK OF NOON CLUB -INTER- W/ HIGHLAND OUTDOORS, RIDE TO CRACK TRAIL AND BACK TO VENUE OR SHUTTLE

1:00 PM - SKILLS CLINIC: WOMEN'S FUNDAMENTALS OF CORNERING (AGE 17+) -ALL SKILL LEVELS- W/ENDLESSBIKEGIRL

1:00 PM - GROUP RIDE: WELCOMING FRIENDLY MELLOW RIDE, STARTS SLOW & TAPERS- W/ SPIRIT OF DIRT RAG

1:00 PM - GROUP RIDE: BIKE BASH CHALLENGE COURSE- W/ G.R.I.T. ADVENTURES, MEET AT BOOTH

2:30 PM - SKILLS CLINIC: WOMEN'S WHEEL LIFTS & OBSTACLE RIDING (AGE 17+) -BEG TO INTER- W/ENDLESSBIKEGIRL

3:00 PM - GROUP RIDE: SLIGHTLY ROWDY EXPLORING RIDE (EBIKE OR ANALOG) - W/ PATHFINDER OF WV

3:00 PM - GROUP RIDE: SPIN & SWIM -ALL SKILL LEVELS- W/ FLAT TIRE CO., RIDE TO BIG BEAR LAKE, SWIM, GET ICE CREAM, RIDE BACK TO VENUE OR SHUTTLE

4:00 PM - SKILLS CLINIC: WHEEL LIFTS FOR OBSTACLE RIDING (AGE 17+) -INTER TO ADV- W/ HARRY GEYER

4:00 PM - FUN: YOGA W/ TARA MORRIS, MEET AT STAGE

<u>6:00 PM</u> - EXPO CLOSES, SHUTTLE SERVICE ENDS

6:00 PM - MUSIC: PAT BUZZARD

7:30 PM - MUSIC: OPTIMUS RIFF

### SUNDAY - JULY 20, 2025

8:30 AM - FUN: YOGA W/ TARA MORRIS, MEET AT STAGE

10:00 AM - EXPO OPENS, SHUTTLE SERVICE STARTS

10:00 AM - SKILLS CLINIC: WHEEL LIFTS FOR OBSTACLE RIDING (AGE 17+) -BEG TO INTER- W/ HARRY GEYER

10:00 AM - GROUP RIDE: E-MTB GROUP RIDE -ALL SKILL LEVELS- W/ WAMSLEY CYCLES

10:00 AM - GROUP RIDE: ONE LAST MELLOW RIDE BEFORE YINZ DRIVE -ALL SKILL LEVELS- W/ SPIRIT OF DIRT RAG

11:30 AM - SKILLS CLINIC: WOMEN'S WHEEL LIFTS AND OBSTACLE RIDING (AGE 17+) -INT TO ADV-W/ENDLESSBIKEGIRL

NOON - GROUP RIDE: BIKE BASH CHALLENGE COURSE- W/ G.R.I.T. ADVENTURES, MEET AT BOOTH

1:00 PM - SKILLS CLINIC: INTRO TO JUMPING (AGE 17+) -INTER TO ADV-W/ HARRY GEYER

2:30 PM - SKILLS CLINIC: KIDS WHEEL LIFTS FOR OBSTACLE RIDING (AGE 16-) -BEG TO INTER- W/ENDLESSBIKEGIRL

3:00 PM - EXPO CLOSES, SHUTTLE SERVICE ENDS

5:00 PM - EVERYBODY HEADS HOME. THANKS FOR COMING!

#### **MEET UP SPOTS:**

- √ SKILLS CLINICS MEET AT THE
  SKILLS AREA IN THE UPPER
  FIELD
- √ GROUP RIDES MEET NEXT TO THE REGISTRATION AREA, UNLESS NOTED ON SCHEDULE
- √ LIVE MUSIC PERFORMED ON STAGE

### **SKILLS CLINICS**:

- √ LIMITED TO 15 PARTICIPANTS
- √ SIGN-UPS WILL OPEN 30 MIN BEFORE EACH SESSION
- √ REGISTER AT THE TENT IN THE
  SKILLS AREA UPPER FIELD
- ✓ LIMIT ONE SESSION PER ATTENDEE (NOTE: A WAITLIST WILL BE AVAILABLE; ATTENDEES WILL BE ALLOWED TO ADD ADDITIONAL SESSIONS IF SPACE ALLOWS)

### **HELMETS REQUIRED WHILE RIDING!**

SOCIAL MEDIA TAGS
#BIKEBASHWV
#BIGBEARLAKETRAILCENTER
#MTBCAPITALOFPRESTONCOUNTY