

IMPORTANT PHONE NUMBERS

BIKE BASH WV HOTLINE:
(301) 501-1516 (CALL OR TEXT)

BIG BEAR LAKE SECURITY:
(304) 379-8641

IN CASE OF EMERGENCY CALL: 911

CLOSEST HOSPITAL:

RUBY MEMORIAL HOSPITAL
1 MEDICAL CENTER DR.
MORGANTOWN, WV 26506

BIG BEAR LAKE COUNTRY STORE

ONE MILE DOWN THE HILL FROM THE
VENUE AREA. YOU'LL FIND CRAFT
BEER, ICE, ICE CREAM, SNACKS,
OTHER CONVENIENCE ITEMS, AND
MISCELLANEOUS CAMPING SUPPLIES.

STORE HOURS: THURSDAY 8 A.M. UNTIL
8 P.M., FRIDAY & SATURDAY 8 A.M.
UNTIL 10 P.M., SUNDAY 8 A.M. UNTIL
8 P.M.

OTHER INFO

- √ SKILLS CLINICS WILL LAST
APPROXIMATELY 1 HOUR
- √ GROUP RIDES WILL LAST
APPROXIMATELY 2 HOURS - NO
DROP, WITH BAIL OUT POINTS
- √ YOGA SESSIONS WILL LAST 30
MINUTES TO AN HOUR - BRING
YOUR OWN MAT

BIKE BASH WV GUIDELINES

- √ EVERYONE IS WELCOME
- √ DON'T DRINK AND RIDE
- √ ALCOHOL WILL NOT BE SERVED -
BYOB IS PERMITTED
- √ NO FIREWORKS OR LARGE PERSONAL
BONFIRES
- √ SMALL PERSONAL FIRES ARE
PERMITTED IF USING A METAL
BOTTOMED FIRE BOWL
- √ NO GLASS BOTTLES OR CONTAINERS
- √ OBEY ALL POSTED SPEED LIMITS
IN THE CAMPLANDS
- √ DRONES MUST BE LICENSED AND
HAVE A PERMIT
- √ ALWAYS RIDE IN CONTROL
- √ PLEASE KEEP A CLEAN CAMP AND
DON'T LITTER
- √ DO NOT THROW TRASH INTO THE
TOILETS
- √ RESPECT THIS PRIVATE PROPERTY

EXPO HOURS & SHUTTLE HOURS

FRIDAY - NOON UNTIL 6:00 P.M.

SATURDAY - 10:00 A.M. UNTIL 6:00
P.M.

SUNDAY - 10:00 A.M. UNTIL 3:00
P.M.

QUIET HOURS

11:00 P.M. UNTIL 7:00 A.M.

PLEASE BE CONSCIOUS OF YOUR
NEIGHBORS AND OUR YOUNGER BIKE
BASH WV ATTENDEES!



SCHEDULE OF EVENTS

JULY 17 - 19, 2026

**BIG BEAR LAKE TRAIL CENTER
450 BIG BEAR LAKE RD.
BRUCETON MILLS, WV**

FRIDAY - JULY 17, 2026

NOON - EXPO OPENS, SHUTTLE SERVICE STARTS

1:00 PM - SKILLS CLINIC: WOMEN'S DESCENDING & BRAKING (AGE 17+) - ALL SKILL LEVELS- W/ENDLESSBIKEGIRL

2:30 PM - SKILLS CLINIC: WHEEL LIFTS FOR OBSTACLE RIDING (AGE 16 AND UNDER) -INTER TO ADV- W/ GRINDSTONE MTB

2:30 PM - GROUP RIDE: KIDS RIDE - BEG TO INTER- W/ FLAT TIRE CO.

4:00 PM - SKILLS CLINIC: BODY POSITION FOR TECHNICAL CLIMBING (AGE 17+) -ALL SKILL LEVELS- W/ENDLESSBIKEGIRL

4:00 PM - SKILLS CLINIC: ROCK FLOW (AGE 17+) -ALL SKILL LEVELS- W/GRINDSTONE MTB (MAY INCLUDE ON TRAIL SESSION)

4:00 PM - GROUP RIDE: CASUAL TECH RIDE -INTER- W/ BIG BEAR LAKE TRAIL CENTER AND FRIENDS RIDE SOME TECH TRAILS, STOP AND SESSION

4:00 PM - FUN: YOGA W/ TARA MORRIS, MEET AT STAGE

5:30 PM - CONTESTS AND PRIZES: TRACK STAND CONTEST, PRIZE DRAWING, SHENANIGANS - EVERYONE WELCOME - MEET IN EXPO AREA

6:00 PM - EXPO CLOSES, SHUTTLE SERVICE ENDS

7:30 PM - LIVE MUSIC: OPTIMUS RIFF - THE BIG BEAR LAKE TRAIL CENTER HOUSE BAND - ON THE STAGE

SATURDAY - JULY 18, 2026

8:30 AM - FUN: RIDE TO THE PINES YOGA & MEDITATION W/ TARA MORRIS MEET AT STAGE, RIDE TO THE PINES

10:00 AM - EXPO OPENS, SHUTTLE SERVICE STARTS

10:00 AM - GROUP RIDE: MODIFIED RACE LOOP AND REMINISCING RIDE - INTER TO ADV- W/ PATHFINDER OF WV

10:00 AM - GROUP RIDE: ALL MOUNTAIN ENDURO RIDE -ADV- W/ LOCAL PRO JOHN HEROD AND FRIENDS

10:00 AM - SKILLS CLINIC: DROPS & STEEP ROLL DOWNS (AGE 17+) -BEG TO INTER- W/ GRINDSTONE MTB

11:30 AM - SKILLS CLINIC: KIDS FUNDAMENTALS, DROPS & STEEP ROLL DOWNS (AGE 16 AND UNDER) -BEG- W/ GRINDSTONE MTB

NOON - EDUCATION: TRAIL ASSESSMENT & MAINTENANCE WORKSHOP W/ WVU SMITH OEDC, MEET AT BOOTH

NOON - GROUP RIDE: CRACK OF NOON CLUB -INTER- W/ MAMBA, RIDE TO CRACK TRAIL AND BACK TO VENUE OR SHUTTLE

1:00 PM - SKILLS CLINIC: WOMEN'S FUNDAMENTALS OF CORNERING (AGE 17+) -ALL SKILL LEVELS- W/ ENDLESSBIKEGIRL

2:30 PM - GROUP RIDE: SPIN & SWIM -ALL SKILL LEVELS- W/ FLAT TIRE CO., RIDE TO BIG BEAR LAKE, SWIM, GET ICE CREAM, RIDE BACK TO VENUE OR SHUTTLE

2:30 PM - SKILLS CLINIC: WOMEN'S WHEEL LIFTS & OBSTACLE RIDING (AGE 17+) -BEG TO INTER- W/ ENDLESSBIKEGIRL

3:00 PM - GROUP RIDE: SLIGHTLY ROWDY EXPLORING RIDE (EBIKE OR ANALOG) - W/ PATHFINDER OF WV

4:00 PM - SKILLS CLINIC: WHEEL LIFTS FOR OBSTACLE RIDING (AGE 17+) -ALL SKILL LEVELS- W/ GRINDSTONE MTB

4:00 PM - FUN: YOGA W/ TARA MORRIS, MEET AT STAGE

5:30 PM - CONTESTS AND PRIZES: WHEELIE CONTEST, PRIZE DRAWING, SHENANIGANS - EVERYONE WELCOME - MEET IN EXPO AREA

6:00 PM - EXPO CLOSES, SHUTTLE SERVICE ENDS

7:30 PM - LIVE MUSIC: THE TOM BATCHELOR BAND - ROCK AND REGGAE FROM MORGANTOWN WV - ON THE STAGE

SUNDAY - JULY 19, 2026

8:30 AM - FUN: YOGA W/ TARA MORRIS, MEET AT STAGE

10:00 AM - EXPO OPENS, SHUTTLE SERVICE STARTS

10:00 AM - SKILLS CLINIC: KIDS WHEEL LIFTS FOR OBSTACLE RIDING (AGE 16 AND UNDER) -BEG TO INTER- W/ ENDLESSBIKEGIRL

10:00 AM - GROUP RIDE: E-MTB GROUP RIDE -ALL SKILL LEVELS- W/ WAMSLEY CYCLES AND MAMBA

11:30 AM - SKILLS CLINIC: WOMEN'S WHEEL LIFTS AND OBSTACLE RIDING (AGE 17+) -INT TO ADV- W/ENDLESSBIKEGIRL

1:00 PM - SKILLS CLINIC: INTRO TO JUMPING (AGE 17+) -INTER TO ADV- W/ GRINDSTONE MTB

3:00 PM - EXPO CLOSES, SHUTTLE SERVICE ENDS

5:00 PM - EVERYBODY HEADS HOME. THANKS FOR COMING!

MEET UP SPOTS:

- ✓ SKILLS CLINICS - MEET AT THE SKILLS AREA IN THE UPPER FIELD
- ✓ GROUP RIDES - MEET NEXT TO THE REGISTRATION AREA, UNLESS NOTED ON SCHEDULE
- ✓ YOGA - MEET AT THE STAGE
- ✓ LIVE MUSIC - PERFORMED ON STAGE

SKILLS CLINICS:

- ✓ LIMITED TO 15 RIDERS PER SESSION
- ✓ SIGN-UPS WILL OPEN 30 MIN BEFORE EACH SESSION
- ✓ REGISTER AT THE WHITE TENT IN THE SKILLS AREA UPPER FIELD
- ✓ LIMIT ONE SESSION PER ATTENDEE (NOTE: A WAITLIST WILL BE AVAILABLE; ATTENDEES WILL BE ALLOWED TO ADD ADDITIONAL SESSIONS IF SPACE ALLOWS)

HELMETS REQUIRED WHILE RIDING!

SOCIAL MEDIA TAGS

#BIKEBASHWV
#BIGBEARLAKETRAILCENTER
#MTBCAPITALOFPRESTONCOUNTY